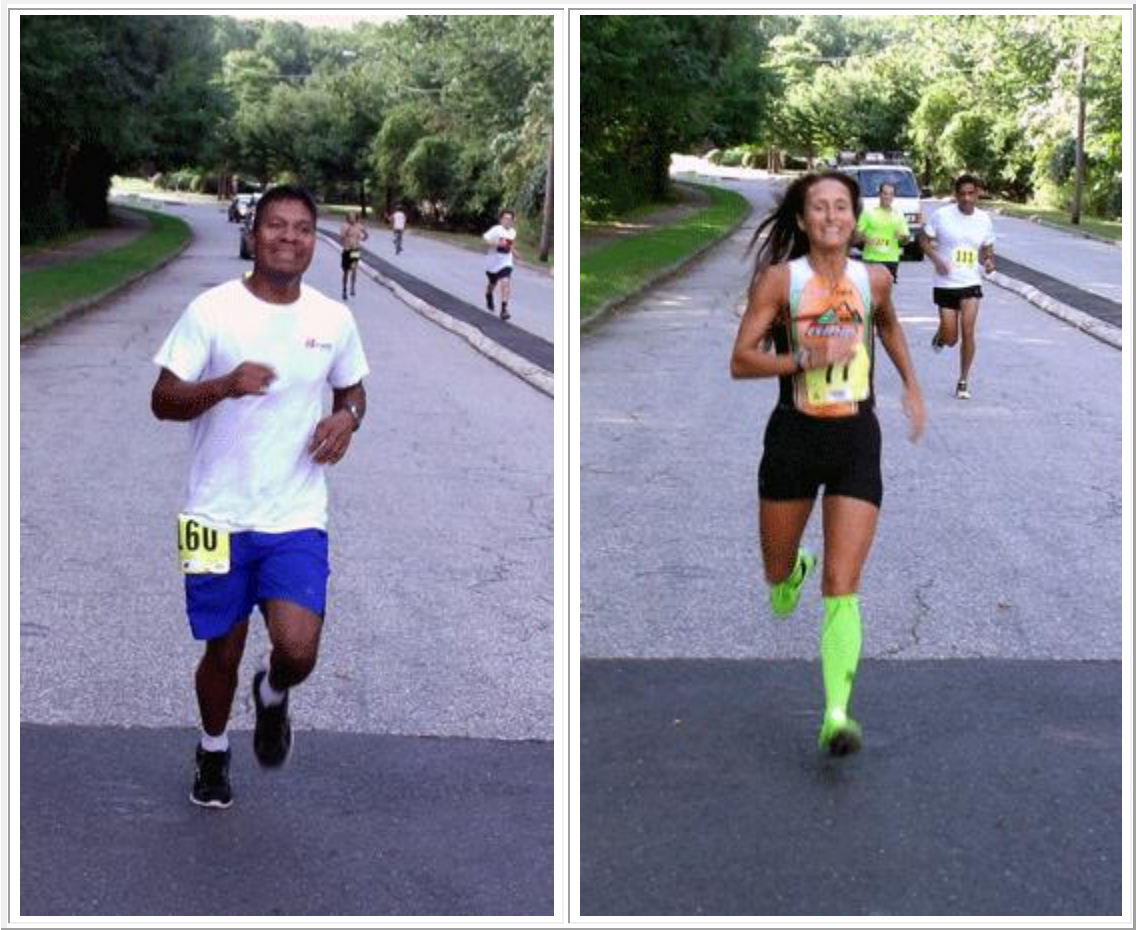


**HI-TEK Racing**  
"Connecticut's Running Resource"  
[www.hitek racing.com](http://www.hitek racing.com)

# Running Water For Africa 5K

September 21, 2013 - 5K  
**Milford, CT**

**OVERALL WINNERS**  
Jorge Mendoza, Bridgeport, CT - 19:38  
Karen Newman, Old Greenwich, CT - 20:58





Hi Karen,

I want to congratulate you on winning the top woman runner in our race.

<http://www.hitekracing.com/results13/mil0921.htm>

It was such an honor having you participate. We wish you the best!  
Jane, race coordinator

Photos will be posted on [www.ugandafarmersinc.org](http://www.ugandafarmersinc.org)

*Jane T. Holler, Esquire  
Holler & Marecki, LLC  
Edgartown, Massachusetts*